



What is Sexual Harassment and Assault?

Any form of sexual harassment, misconduct or violence is never acceptable and has no place at Cardiff Students' Union and Cardiff University.

Many people do not know the true definitions of these topics, making it difficult to identify if it has ever happened to them. More information on types of sexual violence and where to find support can be found here >



Sexual harassment is any unwanted behaviour of a sexual nature that makes a person feel upset, scared or ashamed. It can take lots of different forms.

For example, staring at a person's body, wolf-whistling at someone or being sent messages with sexual content.

**Behaving in a sexual way when they don't want you to
= sexual harassment**

Sexual assault is sexually touching another person without their consent, with any part of the body or with anything else.

This includes unwanted kissing, touching or being forced to perform sexual acts. It could also include the touching of someone's clothing.

**Groping, grabbing, grinding, touching without consent
= sexual assault**