



Consent is:

Ongoing **M**utual and **F**reely **G**iven

Consent is given when all people involved in any kind of sexual activity agree to take part by choice and have the freedom and capacity to make that choice.

Consent can be withdrawn at anytime

No consent = sexual violence

You must get **enthusiastic consent** every time.

'Yes' now, does not mean 'yes', the next time.

Consent is NOT:

- × Uncertainty
- × Silence
- × Their clothes
- × Changing their mind
- × Kissing
- × Knowing someone
- × Body reactions
- × Flirting
- × Being in a relationship
- × Pulling away

If you are unsure, ask questions and check in with them.

Respect other people's choices